

# ADAPT LAB

Assessing Diverse Adolescents' Positive Trajectories



MAY/JUNE 2017

## What's New!

ADAPT Lab will be welcoming a visiting student from Morehouse University this summer! Alexander Harris is an undergraduate student who will be participating in UIC's Summer Research Opportunities Program. He's interested in educational policy and the school-to-prison pipeline.

## Research-to-Practice

On April 12th, 2017 Dr. Loyd presented at UIC Women's Health Research Day on the "Implications of Discrimination for Health Among Girls in the Juvenile Justice System".



She provided three recommendations for policy and practice:

- Importance of culturally and structurally responsive programming
- Increase funding opportunities for effective programs
- Training for healthcare professionals

## What We're Reading

### **The New Jim Crow: Mass Incarceration in the Age of Colorblindness by Michelle Alexander**

Michelle Alexander reveals, today it is perfectly legal to discriminate against convicted criminals in nearly all the ways that it was once legal to discriminate against African Americans.

### **The Five Dysfunctions of a Team by Patrick Lencioni**

Lencioni describes some common pitfalls that teams may experience and offers suggestions to develop trust, improve group dynamics, and build more effective teams. This quick read told in story format is helpful to guide group discussions.

### **Hope and Healing In Urban Education: How Urban Activists and Teachers are Reclaiming Matters of the Heart by Shawn Ginwright**

Hope and Healing in Urban Education proposes a new movement of healing justice to repair hope from structural violence in urban communities. Utilizing various case studies of youth work, Ginwright provides a new perspective on the needs of youth and adults who are providing the most impact by incorporating various types of healing.

Learn more:  
[adaptlab.uic.edu](http://adaptlab.uic.edu)

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## Upcoming Events and Training

### Chicago Freedom School REV UP Training: Professional Development to Support Youth Activism May 18-21st 2015

- The Chicago Freedom School is partnering with the M.Ed. in Youth Development Program at University of Illinois-Chicago to hold a multi-day training institute for youth organizers, youth workers, and educators who seek to incorporate social change practices into their work. Rev Up features workshops led by Chicago's cutting edge youth development professionals.
- Register here: <http://chicagofreedomschool.org/rev-up>

## Resources

**New blog alert:** Early care and education can help young children overcome trauma

<https://www.childtrends.org/early-care-education-can-help-young-children-overcome-trauma/>

**National Mentoring Resource Center:** To improve the quality and effectiveness of youth mentoring across the country through increased use of evidence-based practices and sharing practitioner innovations. This center also provides free technical assistance to youth mentoring programs.

<http://www.nationalmentoringresourcecenter.org/>

**Youth.gov:** A U.S. government website that helps individuals create, maintain, and strengthen effective youth programs. Included are youth facts, funding information, and tools to help assess community assets, generate maps of local and federal resources, search for evidence-based youth programs, and keep up-to-date on the latest, youth-related news.

<http://youth.gov/>

## Publications

Loyd, A. B., & Williams, B. (2017). **The potential for youth programs to promote African American youth's development of ethnic and racial identity.** *Child Development Perspectives*, 11, 29-38.

- This paper describes youth development and prevention programs that also promote ethnic and racial identity development.
- <http://onlinelibrary.wiley.com/doi/10.1111/cdep.12204/epdf>

Xing, K., Chico, E., Lambouths III, D. L., Brittan, A. S., & Schwartz, S. J. (2015). **Identity development in adolescence: Implications for youth policy and practice.** In Bowers, E. P., Geldhof, G. J., Johnson, S., Hilliad, L., Hershberg, R., Lerner, J. V., and Lerner, R. M. (Eds.), *Promoting healthy development for America's youth: Lessons learned from the 4-H Study of Positive Youth Development.*

- This chapter was written for youth practitioners and policy makers who want to learn more about identity research and promoting positive identity development among youth.
- [https://link.springer.com/chapter/10.1007/978-3-319-17166-1\\_10](https://link.springer.com/chapter/10.1007/978-3-319-17166-1_10)

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